Dear Parents/Carers,

The term is definitely off to a flying start. The students have been highly engaged in a range of both curricular and extra-curricular activities. These have included Stage Sport, Year 6 Orientation at St Paul’s and Exuro for some of our Year 5 students, Life Education visits have also continued.

There are so many enriching opportunities available to our students. Thanks to the many teachers, teaching assistants and volunteers from within our school community who have assisted us this term already.

Included in this week’s newsletter is the Term Calendar and also an overview of some of the special learning opportunities taking place this term. The upcoming visit by the UNE Discovery Bus will be an exciting experience for our students. Thanks to the P&F for sponsoring this event for our students.

Next Thursday the P&F supported by the school, is hosting a Disco for all students in the Hall from 3.30-5.30pm. This is also an Out-of-Uniform day for all children. Refreshments will be available on the evening. Also a reminder that parental supervision is expected.

Next Friday 27th October we will celebrate World Teacher’s Day. This is a great time to reflect upon the contributions of the educators in our lives. In doing so we consider the role of parents as the first educators of our children and those amazing educators who give themselves daily to nurturing the academic, spiritual and social development of the young people in their care. We will celebrate World Teacher’s Day at our Assembly at 10.30am next Friday.

This week’s reflection enables us to consider the growth and development we each encounter when we are faced with challenges. Like the butterfly, we grow and change to become all we are destined to be through the work of God in our lives.

All the best for the week ahead.
Many Blessings,
Melissa Turner

WEEK 3

<table>
<thead>
<tr>
<th>MON, 23rd Oct</th>
<th>Beginner Keyboard Group - 12.20pm</th>
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<tbody>
<tr>
<td></td>
<td>Advanced Keyboard Group - 1.00pm</td>
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<tr>
<td></td>
<td>Band - 1.40pm</td>
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<td></td>
<td>Choir - 2.10pm</td>
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<td></td>
<td>Year 2 Intensive Swimming ($75 per student)</td>
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<td></td>
<td>Musica Viva Performance - free (sponsored by P&amp;F)</td>
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<tr>
<td>TUES, 24th Oct</td>
<td>Year 2 Intensive Swimming ($75 per student)</td>
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<tr>
<td>WED, 25th Oct</td>
<td>Year 2 Intensive Swimming ($75 per student)</td>
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<td>THURS, 26th Oct</td>
<td>Year 2 Intensive Swimming ($75 per student)</td>
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<td></td>
<td>Stage 3 Elective Sports</td>
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<td>Joey’s Juniors Kangaroo &amp; Koala Group Visits</td>
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<tr>
<td></td>
<td>Whole School Disco 3.30-5.30pm free (sponsored by P&amp;F)</td>
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<td></td>
<td>Out of Uniform Day</td>
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<td>FRI, 27th Oct</td>
<td>10.30am Assembly Prayer - 3H</td>
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<td></td>
<td>Year 2 Intensive Swimming ($75 per student)</td>
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<td></td>
<td>World Teacher Day Celebrations</td>
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<td></td>
<td>Stage 2 Swimming ($2.00 each)</td>
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<tr>
<td>SAT, 28th Oct</td>
<td>Family Portraits</td>
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CHANGE OF TIME FOR FRIDAY ASSEMBLY NOW AT 10.30AM
EXURO RETREAT

Nine Year Five students were given the chance to discuss their spiritual journey with up to 60 other young Christians in Year Five from Parish Schools across the Diocese on Tuesday.

EXURO is about nurturing the passion, imagination and commitment to live as a Christian disciple and become one of the next generation of faith leaders.

The EXURO retreat offered fun games, talks, multimedia presentations and friendly chats.

Year 10 students from Parish Secondary Schools led discussion on spirituality and offered a helping hand with activities.

CURRICULUM OVERVIEW FOR TERM 4

PERSONAL DEVELOPMENT AND HEALTH

LIFE EDUCATION - Students from K-6 have been visiting Healthy Harold in the Life Education van over the past 2 weeks. Students have been actively engaged in programs that aim to instil in children the confidence to make safer and healthier choices now and in the future.

SCIENCE AND TECHNOLOGY

DISCOVERY BUS - In week 5 students from K-6 will engage in an exciting learning opportunity presented by the University of New England. Students will participate in interactive curriculum aligned activities in STEAM (Science, Technology, Engineering, Arts & Maths) where they will get their hands dirty while learning about the physical, biological and chemical properties of soil, experiment with sound waves using vegetables as musical instruments, search for bones from an unknown animal hidden in kinetic sand, and find out which part of the body they belong to. They will also use digital based technology such as Beebots and Dash robots to explore concepts such as programming and problem solving.

STEM DEVELOPMENT - Meredith Ebbs, NSW Project Officer and member for the Digital Technologies Education Team from the University of Adelaide will be working with St Joseph’s staff over the coming weeks developing expertise in STEM. Science, Technology, Engineering and Mathematics (STEM) are identified as essential areas of study for Australia to maintain a high quality of life. Future prosperity depends on students studying in and across these areas in order to foster scientific and technological developments.

CREATIVE ARTS

MUSICA VIVA - Musica Viva has been bringing premium quality live music to Australian schools for over 35 years and provides the best possible platform for students to experience live music. On Monday, Musica Viva will bring performers to St Joseph’s school and present students with an interactive and dynamic program, showcasing a wide variety of musical styles from some of Australia’s best musicians.

YEAR 7 SELECTIVE HIGH SCHOOL PLACEMENT IN 2019

Application for entry for 2019 can be made between 10 Oct and 13 Nov and must be submitted by 10pm on 13 Nov.
More information available from the school office.
JUMP ROPE FOR HEART
Jump Rope for Heart Day this year will be held on Friday, 10th November. On this day, Year 6 students will supervise skipping challenges for each grade to complete. The idea is to raise funds for the Heart Foundation and also promote an active lifestyle. Families can help by sponsoring their children for Jump Off Day. This can be done by either using the sponsorship form that was sent home this week or going online to jumprope.org.au and creating an online fundraising page. Thank you for your continued support!

YEAR 2 INTENSIVE SWIMMING
Starting next Monday, our Year 2 students will commence two weeks of intensive swimming. Cost $75.00 for ten swimming lessons. If you would like your child to participate in this valuable program, please ensure payment is sent to the office on Monday morning.

STAGE 3 ELECTIVE SPORTS
Elective sport for students in Years 5 and 6. Weekly Costs as follows:-
- Swimming $3
- Indoor Sport $4 + $3 for the bus
- Galactic Ten Pin $6 + $3 for the bus
- PCYC Boot Camp at school $5
- Mixed Sports at school - No Cost

STAGE 2 SWIMMING
Children need to bring their swimmers, rash vest, goggles, towel and $3.00 pool entry each Friday.

FAMILY PORTRAITS
St Joseph’s P&F have engaged photographer, Casey Micallef for Family Portraits. Dates are available (28th Oct or 4th Nov). Bookings can be made online at https://www.schoolinterviews.com.au and enter CODE 4rg4r. Please make reference to which package you would like and provide your phone number. Casey will send you an invoice for payment prior to your chosen date.

SPORTS REPORT WITH MR WATTS

STUDENT BIRTHDAYS
Bindii Leadbeatter
Dylan Micallef
Julie Quinlan
21st October
Karrington Males
23rd October
Jada Quinlan
25th October
Curtis Ware
27th October

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A man found a cocoon of a butterfly. One day a small opening appeared. He sat and watched the butterfly for several hours as it struggled to force its body through that little hole. Then it seemed to stop making any progress. It appeared as if it had gotten as far as it could, and it could go no further.

So the man decided to help the butterfly. He took a pair of scissors and snipped off the remaining bit of the cocoon. The butterfly then emerged easily. But it had a swollen body and small, shrivelled wings.

The man continued to watch the butterfly because he expected that, at any moment, the wings would enlarge and expand to be able to support the body, which would contract in time. Neither happened! In fact, the butterfly spent the rest of its life crawling around with a swollen body and shrivelled wings. It never was able to fly.

What the man, in his kindness and haste, did not understand was that the restricting cocoon and the struggle required for the butterfly to get through the tiny opening were God's way of forcing fluid from the body of the butterfly into its wings so that it would be ready for flight once it achieved its freedom from the cocoon.

Sometimes struggles are exactly what we need in our lives. If God allowed us to go through our lives without any obstacles, it would affect who we become. We would not be as strong as what we could have been. We could never fly!